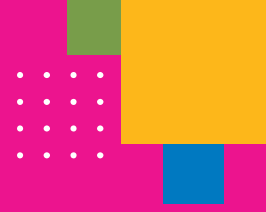






When to Keep Your Child Home from School or Child Care



Below are suggestions for when to keep your child home when they are not feeling well. Contact a health care provider if your child needs medical care. A doctor's note is generally not required to return to school or child care. For more information, please visit the [CDPH guidance page](#).



| Symptom of Illness | When should my child stay home and when can they return? |
|--|---|
|  <p>Overall, not feeling well</p> | <p>STAY HOME IF any new illness or symptom prevents a child from participating meaningfully in routine activities.</p> |
|  <p>Fever</p> | <p>STAY HOME IF a fever is of 100.4°F (38°C) or higher.</p> <p>RETURN WHEN fever went away over the night and is gone in the morning without the use of medications such as Tylenol®, Advil®, or Motrin® (acetaminophen or ibuprofen).</p> |
|  <p>Vomiting</p> | <p>STAY HOME IF vomiting has occurred 2 or more times in 24 hours.</p> <p>RETURN WHEN vomiting has ended overnight, and your child is able to hold down liquids and food. Recommend frequent handwashing.</p> |
|  <p>Diarrhea</p> | <p>STAY HOME IF your child's stool is likely to leak from the diaper, or if they are unlikely to make it to the toilet in time (if potty trained). If the stool looks bloody or black, seek medical attention.</p> <p>RETURN WHEN improving. Recommend frequent hand washing.</p> |



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