

Parent/Guardian Signs of Concussion

Your child sustained a bump on the head while at school today.

In some instances, the signs of concussion do not become obvious until several hours or even days after the injury. Please contact your family doctor if you observe any of these symptoms:

- Can't recall events prior to or after the bump on the head.
- Appears dazed or stunned.
- Forgets an instruction or is confused about a verbal direction.
- Moves clumsily.
- Answers questions slowly.
- Shows mood, behavior, personality changes.
- Headache or feeling on "pressure" in head.
- Bothered by light or noise.
- Feeling sluggish, hazy, groggy.
- Just not "feeling right" or "feeling down".

See below for signs to proceed IMMEDIATELY to the nearest EMERGENCY DEPARTMENT

The best guideline is to note symptoms that worsen and behaviors that seem to represent a change in your child. You should continue to check for signs of concussion right after the injury and a few days after the injury.

If you have any questions or concerns at all about the symptoms you are observing, contact your family physician for instructions or seek medical attention at the closest Emergency Room.

GO TO EMERGENCY ROOM

- One pupil (the black part in the middle of the eye) is larger than the other.
- Extreme drowsiness or inability to wake up.
- A headache that gets worse or does not go away.
- Slurred speech, weakness, numbness, or decreased coordination.
- Repeated vomiting or nausea.
- Convulsions or seizures (shaking or twitching).
- Unusual behavior, increased confusion, restlessness, or agitation.
- Loss of consciousness. Even a brief loss of consciousness should be taken seriously.